Participate in 4-H virtually

Source: Rachel Noble, 4-H youth development specialist

COVID-19 has changed the way some 4-H programs are delivered, but it has not changed 4-H’s commitment to developing the leaders of tomorrow. With online opportunities, 4-H is meeting young people where they are and helping them gain the skills to become productive adults.

Kentucky 4-H is offering two virtual experiences each week, and any young person can participate. Kentucky 4-H state specialists have produced video lessons that are focused around traditional 4-H areas. Topics will rotate monthly. For example in November, young people can learn about leadership and citizenship, and in January, our youngest 4-H’ers can learn about Cloverbud opportunities. Many of the lessons offer hands-on opportunities for youth to complete projects. These projects require minimal materials that are commonly available in most homes. The goal is to guide 4-H members through project areas.

By participating in virtual 4-H activities, youth can take advantage of many of the aspects they have come to know and enjoy about 4-H. Clubs are still led by caring adults, and the online programs are designed to help young people develop a sense of independence, gain mastery over a particular skill and provide opportunities to give back to their communities. These opportunities also enhance topics that youth are learning in school and offer fun enrichment activities. These twice-weekly experiences will continue until at least July 2021.

Youth can view the videos on Kentucky 4-H’s Facebook and Instagram pages and YouTube channel @kentucky4h.

In addition, 4-H will offer specialized virtual programs at various times throughout the year.

For more information, follow Kentucky 4-H on social media or contact your (COUNTY NAME) office of the University of Kentucky Cooperative Extension Service.

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