Gear up for National 4-H Week

Source: Kim Leger, 4-H youth development specialist

It’s time to celebrate 4-H. National 4-H Week is Oct. 3-9.

This year’s theme is Find your Spark. For more than 100 years, Kentucky 4-H has helped youth find and fine tune their passions through fun projects and activities. In the process of self-exploration, youth develop life skills that help them become productive adults and local leaders. Many of our alumni credit 4-H with helping them succeed as adults.

With more than 288,000 youth members, Kentucky 4-H is the largest youth organization in the state and is known for its quality programming and inclusive environment. From robotics to photography, 4-H offers activities and projects for youth of all ages. While 4-H is often associated with agriculture, young people don’t have to live on a farm or have any prior knowledge of agriculture to participate.

While it is a youth-focused organization, adults can volunteer their time and talents with local 4-H groups. Volunteers can serve in many roles from club leaders to subject matter experts on projects to judges for local 4-H competitions. In fact, more than 26,000 Kentuckians donate their time through 4-H.

For more information about joining or volunteering through 4-H, contact the (COUNTY NAME) office of the University of Kentucky Cooperative Extension Service.

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